

Stacey Meyer



Working With Young Athletes: Resilience, Respect & Accountability

Stacey Meyer (B.A. B.Ed. M.A.) is a partner with Precede Occupational Health Services and the Education Manager for the Western Hockey League. Prior to joining Precede as an investing Partner in 2014, Stacey spent time working as a Director with the Sheldon Kennedy Child Advocacy Centre (now Luna Child Advocacy Centre) in Calgary, helping to develop programming that offers hope, help, and healing to children, youth, and families impacted by abuse. Stacey also has eighteen years as a teacher, Vice Principal, Principal and Assistant Superintendent in Alberta's public school system, where he gained extensive knowledge in human resources, leadership, financial operations, and the change continuum.

Youth, education, leadership, and sports are a passion of Stacey's, and as such, he spends countless hours working with youth as a coach, mentor, and advisor in a variety of volunteer positions. He received a Bachelor of Arts from the University of Lethbridge, a Bachelor of Education from the University of Regina, and his Master of Arts (Leadership and Administration) from San Diego State University. Stacey and his wife Tammy live in Okotoks and have three children: Jordan, Jessa, and Eric.

Stacey's life passions are youth and mental health advocacy, and he does his best to give back as much as possible in these areas. After leaving employment with the Child Advocacy Centre, he stayed on as a volunteer serving on their Education Committee. Stacey currently sits on the Board of Directors with the Calgary Distress Centre, and also sat on the Board of Directors of the Canadian Mental Health Association (Calgary), including time as Chair of the Partnership, Advocacy & Community Engagement Committee. Through his work with the Western Hockey League, Stacey has led a series of workshop, training, and education programs with WHL and NHL teams designed to further educate and provide players and staff with tools to ensure player and staff safety and well-being are paramount.

Stacey's background in education turned him into a strong advocate for understanding the importance of mental health, seeing first-hand the way this understanding was able to impact people. He believes that it's important to use education, relationships, and advocacy to help dismantle the stigma associated with asking for help and aims to support those who are struggling the best that he can in these ways. Stacey was the recipient of the 2022 Lieutenant Governor's True Grit Compassion Award, awarded annually to an Albertan that works to reduce stigma, encourage recovery, and strengthen programs and services in the area of mental health and addiction.